

# Clinic Les Alpes



**EXCELLENCE IS AN** easy enough claim to make, but not nearly so easy to achieve in practice 24-hours a day, all year round.

Clinic Les Alpes is committed to doing so in every aspect of its comprehensive service to its international patients, for whom excellence is doubtless an everyday expectation.

Conveniently located an hour from Geneva airport, Clinic Les Alpes sits on its own in a breathtakingly beautiful, naturally therapeutic environment in the mountains above Montreux, Switzerland.

The Clinic – fully licensed by the Swiss Department of Health – offers patients the opportunity to “get away from it all” to an extraordinarily well-appointed facility – where safety, security, privacy and confidentiality are given the highest priority at all times.

Clinic Les Alpes integrates state-of-the-art treatment facilities and practise with hospitality of exceptional quality, including a luxurious spa. All bedrooms are en suite. Decorated and furnished with the greatest care, each room also provides its occupant with an Alpine view to uplift the spirits.

The Clinic has invested fully in the facilities and medical expertise required to detoxify patients from all manner of addictive substances and to help manage physical and psychological withdrawal, while supporting patients to develop a recovery plan that is personal to them.

Most behavioural addictions are also treated, with a variety of resources and complementary therapies. Restoration and promotion of health as a whole is a constant focus, with particular attention

- FOCUS**
- Addiction
  - Mental health
  - Aftercare
  - Families

**OFFICE**  
Switzerland

being paid to sleep hygiene, nutrition, relaxation and physical fitness.

Despite the toll addiction wreaks on individuals and their families as well as its associated problems such as burnout, depression and anxiety, deciding to seek treatment, let alone crossing the threshold of a treatment centre, can be daunting – even to people who might otherwise be hugely successful or have other significant advantages in life.

Recognition of the importance of trust and confidence in establishing and maintaining the therapeutic relationship extends across all the team at Clinic Les Alpes, with professional expertise applied in a warm, compassionate, caring way.

Web [cliniclesalpes.com](http://www.cliniclesalpes.com)



## Swiss excellence in mental wellbeing and recovery